

First Parish Pastoral Care Library Catalogue

Category	Title	Author
Death/Dying/Grief	<i>Empty, Cradle, Broken Heart</i>	Davis, Deborah
Death/Dying/Grief	<i>Motherless Daughters; the legacy of loss</i>	Edelman, Hope
Death/Dying/Grief	<i>Rebuilding the House: one woman's passage through grief</i>	Graham, Laurie
Death/Dying/Grief	<i>Bereaved Children and Teens</i>	Grollman, Earl
Death/Dying/Grief	<i>In Sickness and Health; how to cope when your loved one is ill</i>	Grollman, Earl
Death/Dying/Grief	<i>Talking About Death; a dialogue between parent and child</i>	Grollman, Earl
Death/Dying/Grief	<i>Living When a Loved One has Died</i>	Grollman, Earl
Death/Dying/Grief	<i>Caring and Coping When Your Loved One is Seriously Ill</i>	Grollman, Earl
Death/Dying/Grief	<i>Full Catastrophe Living</i>	Kabat-Zinn, Jon
Death/Dying/Grief	<i>The Sacred Art of Dying</i>	Kramer, Kenneth
Death/Dying/Grief	<i>On Death and Dying</i>	Kubler- Ross, Elizabeth
Death/Dying/Grief	<i>Living with Death and Dying</i>	Kubler- Ross, Elizabeth
Death/Dying/Grief	<i>Repacking Your Bags; how to live with a new sense of purpose</i>	Leider, Richard
Death/Dying/Grief	<i>Beyond Rage; the emotional impact of chronic physical illness</i>	Lemaistre, JoAnn
Death/Dying/Grief	<i>Life After Loss; getting over grief, getting on with life</i>	Macnab, Francis
Death/Dying/Grief	<i>A Broken Heart Still Beats; after your child dies</i>	McCraken, Anne
Death/Dying/Grief	<i>What the Dying Teach Us: lessons on living</i>	Oliver, Samuel
Death/Dying/Grief	<i>Transcending Loss: understanding the lifelong impact of grief and how to make it meaningful</i>	Prend, Ashley
Death/Dying/Grief	<i>Recovery From Bereavement</i>	Parkes, Colin
Death/Dying/Grief	<i>When Your Pet Dies; how to cope with your feelings</i>	Quackenbush, Jamie
Death/Dying/Grief	<i>The Grace in Dying</i>	Singh, Kathleen
Death/Dying/Grief	<i>Grievors Ask; answers to questions about death and loss</i>	Smith, Harold
Death/Dying/Grief	<i>About Dying; an open family book for parents and children together</i>	Stein, Sara
Death/Dying/Grief	<i>The Courage to Grieve</i>	Tatelbaum, Judy
Death/Dying/Grief	<i>Claire Last Words; a guide to finding meaning toward the close of life (2 copies)</i>	Willis Claire
End of Life	<i>The Gift of Time; making the most of your time and your life</i>	Anderson, T Alexander
End of Life	<i>Twelve Steps to a Compassionate Life</i>	Armstrong, Karen
End of Life	<i>Proverbs of Ashes; violence, redemptive suffering, and the search for what saves us</i>	Brock, Rita
End of Life	<i>Theology of the New Testament</i>	Bultmann, Rudolf
End of Life	<i>Dying Well; peace and possibilities at the end of life</i>	Byock, Ira
End of Life	<i>The Healing Presence; spiritual exercises for healing, wellness, and recovery</i>	Droege, Thomas
End of Life	<i>Deathing; An Intelligent Alternative for the Final Moments of Life</i>	Foos-Graber, Anya
End of Life	<i>Things Seen and Unseen; a year lived in faith</i>	Gallagher, Nora
End of Life	<i>Your Aging Parents; reflections for caregivers</i>	Grollman, Earl

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End of Life	<i>Concerning Death; a practical guide for the living</i>	Grollman, Earl
End of Life	<i>What Helped Me When My Loved One Died</i>	Grollman, Earl
End of Life	<i>Deeply Woven Roots: improving the quality of life in your community</i>	Gunderson, Gary
Mind/Body/Spirit	<i>Everyday Spiritual Practice</i>	Alexander, Scott
Mind/Body/Spirit	<i>Orchestrating the Mind and Body</i>	Hall, Nicholas
Mind/Body/Spirit	<i>Plant a Geranium</i>	Johnson, B.
Mind/Body/Spirit	<i>Splashes of Joy in the Cesspools of Life</i>	Johnson, Barbara
Mind/Body/Spirit	<i>A Year of Spiritual Companionship; 52 weeks of wisdom for a life of gratitude, balance, and happiness</i>	Kernion, Anne
Mind/Body/Spirit	<i>Repacking Your Bags; how to live with a new sense of purpose</i>	Leider, Richard
Mind/Body/Spirit	<i>A Grief Observed</i>	Lewis C.S
Mind/Body/Spirit	<i>The 36-Hour Day; a Family Guide to Caring for People Who Have Alzheimer's Disease, Related Dementia, and Memory Loss</i>	Macy, Nancy
Mind/Body/Spirit	<i>The Power to Bless; healing and wholeness through understanding</i>	Madden, Myron
Mind/Body/Spirit	<i>Massachusetts Resource Guide for End of Life Services</i>	Massachusetts
Mind/Body/Spirit	<i>Dancing with Broken Bones</i>	Moller, David
Mind/Body/Spirit	<i>Care of the Soul; a guide for cultivating depth and sacredness in everyday life (2 copies)</i>	Moore, Thomas
Mind/Body/Spirit	<i>Amazing Grace: a vocabulary of faith</i>	Norris, Kathleen
Mind/Body/Spirit	<i>How We Die; reflections on life's final chapter (2 copies)</i>	Nuland, Sherwin
Mind/Body/Spirit	<i>Women and Spirituality</i>	Ochs, Carol
Mind/Body/Spirit	<i>The Active Life; a spirituality of work, creativity, and caring</i>	Palmer, Parker
Mind/Body/Spirit	<i>Prayers of the People; pastoral prayers from First Parish in Lincoln</i>	Prayers
Mind/Body/Spirit	<i>Hospice or Hemlock; searching for heroic compassion</i>	Putnam, Constance
Mind/Body/Spirit	<i>So That Your Values Live On; ethical wills and how to prepare them</i>	Riemer, Jack
Mind/Body/Spirit	<i>Gaia and God; an ecofeminist theology of earth healing</i>	Ruether, Rosemary
Mind/Body/Spirit	<i>Never Far From Home; stories from the radio pulpit</i>	Scovel, Carl
Mind/Body/Spirit	<i>Prayers for Hope and Comfort</i>	Shannon, Maggie
Mind/Body/Spirit	<i>Sustaining Presence; a model of caring by people of faith</i>	Shelp, Earl
Mind/Body/Spirit	<i>Blessing the Bread</i>	Ungar, Lynn
Mind/Body/Spirit	<i>Intercessory Prayer; how God can use your prayers to move heaven and earth</i>	Wagner, C.
Mind/Body/Spirit	<i>The Story of Your Life; writing a spiritual autobiography</i>	Wakefield, Dan
Mind/Body/Spirit	<i>Grace and Grit</i>	Wilbur, Ken
Mind/Body/Spirit	<i>Where is God When it Hurts?; a comforting, healing guide for coping with hard times</i>	Yaney, Philip

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Living Fully	<i>Show Me Your Way; the complete guide to exploring interfaith spiritual direction</i>	Addison, Howard
Living Fully	<i>Healing Words; the power of prayer and the practice of medicine</i>	Dossey, Larry
Living Fully	<i>Your Sacred Self</i>	Dyer, Wayne
Living Fully	<i>The Sun My Heart</i>	Hanh, Tich Nhat
Living Fully	<i>Creative Mind; tapping the power within</i>	Holmes, Ernest
Living Fully	<i>Soul Retrieval</i>	Ingerman, Sandra
Living Fully	<i>Hymns to an Unknown God; awakening the spirit in everyday life</i>	Keen, Sam
Living Fully	<i>Mitten Strings for God; Reflections for Mothers in a Hurry</i>	Kenison, Katrina
Living Fully	<i>Who am I...Really?</i>	Kopp, Sheldon
Living Fully	<i>When All You've Ever Wanted Isn't Enough</i>	Kushner, Harold
Living Fully	<i>How Good Do We Have To Be?</i>	Kushner, Harold
Living Fully	<i>To Begin Again: the journey toward comfort, strength, and faith in difficult times</i>	Levy, Naomi
Living Fully	<i>Anger Work; how to express your anger and still be kind</i>	Puff, Robert
Living Fully	<i>Claiming the Spirit Within: a sourcebook of women's poetry</i>	Sewell, Marilyn
Living Fully	<i>I Could be Anything if I Knew What it Was</i>	Sher, Barbara
Living Fully	<i>The Healing Power of Mind; simple mediation exercises for health, well-being, and enlightenment</i>	Thondup, Tulkul
Living Fully	<i>A Field Guide to the Soul</i>	Thornton, James
Living Fully	<i>Nobody's Perfect</i>	Weisinger, Hendrie
Transitions	<i>Is it Time to Make a Positive Change?: Positive thoughts for when life presents you with a new direction</i>	Beisser, Deanna
Transitions	<i>Why Survive? Being Old in America</i>	Butler, Robert
Transitions	<i>Ego and Archetype</i>	Edinger, Edward
Transitions	<i>Step Wars; overcoming perils and making peace in adult stepfamilies</i>	Gabe, Grace
Transitions	<i>Talking about divorce and separation</i>	Grollman, Earl
Transitions	<i>One's Company; reflections on living alone</i>	Holland, Barbara
Transitions	<i>How to Survive Change...you didn't ask for</i>	Ryan, M.J.
Transitions	<i>Much More Than Sexuality x4</i>	Sherblom, Liz and John
Transitions	<i>You Just Don't Understand; Women and men in conversation (x2)</i>	Tannen, Deborah
Transitions	<i>Witnessing Whiteness; first steps toward an antiracist practice and</i>	Tochluk, Shelley
Retirement Planning	<i>Portfolio Life; the new path to work, purpose, and passion after 50</i>	Corbett, David
Retirement Planning	<i>How to Retire Happy</i>	Hinden, Stan
Retirement Planning	<i>The AARP Retirement Survival Guide</i>	Jason, Julie
Retirement Planning	<i>Let's Talk Money</i>	Lee, Dee
Retirement Planning	<i>Idiots Guide to Retiring Early</i>	Lee, Dee
Retirement Planning	<i>Women and Money</i>	Lee, Dee
Retirement Planning	<i>Social Security, Medicare, and Government Pensions</i>	Matthews, Joseph
Retirement Planning	<i>Protecting Your Future: The Attorney General's Guide to Elder Healthcare and Finances</i>	Reilly, Thomas

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Retirement Planning	<i>The Complete Idiot's Guide to Retirement</i>	Wuorio, Jeff
Care Givers	<i>Sacred Passage: how to provide fearless, compassionate care for the dying</i>	Coberly, Margaret
Care Givers	<i>Checklist for Family Caregivers: a guide to making it manageable</i>	Hurme, Sally Balch
Care Givers	<i>The 36-Hour Day: a family guide to caring for people who have Alzheimer's Disease, related Dementias, and Memory Loss</i>	Mace, Nancy
Care Givers	<i>Self-Care for Caregivers: a twelve step approach</i>	Samples, Pat
Parenting & Special Needs	<i>Chicken Soup for the Soul; Children with special needs</i>	Canfield, Jack
Parenting & Special Needs	<i>When Your Child Has LD (learning differences)</i>	Fisher, Gary
Parenting & Special Needs	<i>Raising a Child Conservatively in a Sexually Permissive World</i>	Gordon, Sol
Parenting & Special Needs	<i>From Diapers to Dating: a parent's guide to raising sexually healthy children</i>	Hafner, Debra
Parenting & Special Needs	<i>Everyday Blessings</i>	Kabat-Zinn, Myla and Jon
Parenting & Special Needs	<i>The ADHD-Autism Connection</i>	Kennedy, Diane
Parenting & Special Needs	<i>Children with Autism: a parent's guide</i>	Powers, M.
Parenting & Special Needs	<i>ADHD: a complete and authoritative guide</i>	Reiff, Michael
Parenting & Special Needs	<i>The Seven Secrets of Successful Parenting</i>	Rolfe, Randy
Parenting & Special Needs	<i>Perfect Madness: motherhood in the age of anxiety</i>	Warner, J.
Spiritual Parenting	<i>Spiritual Life of Children</i>	Coles, Robert
Spiritual Parenting	<i>10 Principals for Spiritual Parenting</i>	Doe, Mimi
Spiritual Parenting	<i>Parent-Child Retreats: spiritual experiences for children ages 3-6 and their parents</i>	Figlino, Mary Anne
Spiritual Parenting	<i>Explaining Divorce to Children</i>	Grollman, Earl
Spiritual Parenting	<i>Conversations with Children</i>	Hunter, Edith
Spiritual Parenting	<i>The Kid's Guide to Service Projects</i>	Lewis, Barbara
Spiritual Parenting	<i>The Soul of Adoption</i>	Poelman, K.
Spiritual Parenting	<i>Spiritual Parenting</i>	Prather, Hugh
Medicine & Health	<i>Ask a Nurse: from home remedies to hospital care</i>	Bednash, Geraldine
Medicine & Health	<i>The Wellness Book; a comprehensive guide to maintaining health and treating stress-related illness</i>	Benson, Herbert
Medicine & Health	<i>Timeless Healing: the power and biology of belief</i>	Benson, Herbert
Medicine & Health	<i>How to be Your Own Nutritionist</i>	Berger,, Stuart
Medicine & Health	<i>Diabetes</i>	Brisco, P.
Medicine & Health	<i>Critical Care: a new nurse faces death, life, and everything in between</i>	Brown, Theresa

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Medicine & Health	<i>Immunotics: a revolutionary way to fight infection, beat chronic illness, and stay well</i>	Rountree, Robert
Medicine & Health	<i>Women's Health and Medical Guide</i>	Cooper, P.
Medicine & Health	<i>Healing Mind, Healthy Woman</i>	Domar, Alice
Medicine & Health	<i>It's Not What You're Eating, It's What's Eating You</i>	Greeson, Janet
Medicine & Health	<i>Healthwise for Life: a handbook for healthy aging</i>	Harvard Pilgrim
Medicine & Health	<i>A Handbook for Healthy Living</i>	Healthwise
Medicine & Health	<i>A New Prescription for Women's Health</i>	Healey, Bernadine
Medicine & Health	<i>The Immune Advantage</i>	Immune
Medicine & Health	<i>The Healer Within: the new medicine of mind and body</i>	Locke, Steven
Medicine & Health	<i>The Woman's Encyclopedia of Health and Natural Healing</i>	Padus, Emrika
Medicine & Health	<i>Total Wellness: improve your health by understanding the body's healing systems</i>	Pizzorno, Joseph
Medicine & Health	<i>Prevention's Food and Nutrition</i>	Prevention
Medicine & Health	<i>Reclaiming Our Health: exploding the medical myth and embracing the source of true healing</i>	Robbins, John
Medicine & Health	<i>A practical guide for deciding what's really safe and what's really dangerous in the world around you</i>	Ropeik, David
Medicine & Health	<i>Living Well with Chronic Asthma, Bronchitis, and Emphysema: a complete guide to coping with chronic lung disease</i>	Shayevitz, Myra
Medicine & Health	<i>Conquering Heart Disease: new ways to live well without drugs or surgery</i>	Simon, Harvey
Medicine & Health	<i>Just Like Life Only More So & Other Stories of Illness</i>	Snyder-Grant, Dana
Medicine & Health	<i>Arthritis: what works</i>	Sobol, Dava
Medicine & Health	<i>People Not Patients: a source book for living with inflammatory bowel disease</i>	Steiner, P.
Medicine & Health	<i>Stealth Health: how to sneak nutrition painlessly into your diet</i>	Tribole, Evelyn
Medicine & Health	<i>Striking Back: the trigeminal neuralgia handbook</i>	Weigel, George
Medicine & Health	<i>Blood Pressure: questions you have, answers you need</i>	Weiner, Ed.
Alternative/Holistic Healing	<i>Timeless Healing: the power and biology of belief</i>	Benson, Herbert
Alternative/Holistic Healing	<i>Holistic Healing</i>	Bingen, Hildegard
Alternative/Holistic Healing	<i>The Magic Power of Healing: learn to heal yourself</i>	Jaeger, Beverly
Alternative/Holistic Healing	<i>The Complete Book of Shiatsu Therapy</i>	Namikoshi, Toru
Alternative/Holistic Healing	<i>Clinician's Complete Reference to Complementary and Alternative Medicine</i>	Novvey, Donald
Alternative/Holistic Healing	<i>The Complete Encyclopedia of Natural Healing</i>	Null, Gary

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Alternative/Holistic Healing	<i>Homeopathic Medicine at Home: natural remedies for everyday ailments and minor injuries</i>	Panos, Maesimund
Alternative/Holistic Healing	<i>The Best Alternative Medicine (x2)</i>	Pelletier, Kenneth
Alternative/Holistic Healing	<i>Love, Medicine, and Miracles: lessons learned about self-healing from a surgeon's experience with exceptional patients</i>	Siegel, Bernie
Alternative/Holistic Healing	<i>Homeopathic Medicine for Children and Infants</i>	Ullman, Dana
Alternative/Holistic Healing	<i>The Consumer's Guide to Homeopathy</i>	Ullman, Dana
Alternative/Holistic Healing	<i>Spontaneous Healing: how to discover and enhance your body's natural ability to maintain and heal itself</i>	Weil, Andrew
Alzheimer's & Dementia	<i>Where Two Worlds Touch: spiritual journey through Alzheimers Disease</i>	Angelica, Jade
Alzheimer's & Dementia	<i>Couch Broyle's Playbook for Alzheimer's Caregivers</i>	Broyles, Frank
Alzheimer's & Dementia	<i>Learning to Speak Alzheimer's: a groundbreaking approach for everyone dealing with the disease.</i>	Coste, Joanne Koenig
Alzheimer's & Dementia	<i>The Forgetting: a portrait of Alzheimer's, stories of love, courage, and hope</i>	DVD
Alzheimer's & Dementia	<i>The Caregiver's Journey: when someone you love had Alzheimer's</i>	Grollman, Earl
Alzheimer's & Dementia	<i>The 36 Hour Day: a family guide to caring for people who have Alzheimer's Disease, related dementia, and memory loss</i>	Macy, Nancy
Alzheimer's & Dementia	<i>Don't Give Up On Me!: supporting aging parents successfully, a daughter's intimate memoir</i>	Simpson, Jan
Alzheimer's & Dementia	<i>Alzheimer's From the Inside Out</i>	Taylor, Richard
Alcohol & Substance Addiction	<i>Let Go and Grow: recovery for adult children</i>	Ackerman, Robert
Alcohol & Substance Addiction	<i>Recovery Resource Guide</i>	Ackerman, Robert
Alcohol & Substance Addiction	<i>Twelve Steps and Twelve Traditions</i>	Al Anon
Alcohol & Substance Addiction	<i>How Al Anon Works for Families & Friends of Alcoholics</i>	How
Alcohol & Substance Addiction	<i>Restored to Sanity: essays on the Twelve Steps by Unitarian Universalists</i>	Ken & Cathlean
Alcohol & Substance Addiction	<i>Addiction & Grace: love and spirituality in the healing of addictions</i>	May, Gerald
Alcohol & Substance Addiction	<i>Co-Dependence: misunderstood, mistreated</i>	Schaef, Anne
Alcohol & Substance Addiction	<i>Living with Alcoholism</i>	Whitney, Elizabeth
Depression/Mental Health	<i>The Language of Letting Go</i>	Beattie, Melody

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Depression/Mental Health	<i>Home Coming: reclaiming and championing your inner child</i>	Bradshaw, John
Depression/Mental Health	<i>When Nothing Matters Anymore: a survival guide for depressed teens</i>	Cobain, Bev
Depression/Mental Health	<i>Three Minute Therapy: change your thinking, change your life</i>	Edelstein, Michael
Depression/Mental Health	<i>Depression and Natural Medicine: a nutritional approach to depression and mood swings</i>	Elkins, Rita
Depression/Mental Health	<i>The Secret Strength of Depression</i>	Flach, Frederic
Depression/Mental Health	<i>Driven to Distraction</i>	Hollowell, Edward
Depression/Mental Health	<i>Life Preservers: good advice when you need it most</i>	Lerner, Harriet
Depression/Mental Health	<i>Tormenting thoughts and Secret Rituals: the hidden epidemic of obsessive-compulsive disorder</i>	Osborn, Ian
Depression/Mental Health	<i>I Don't Want to Talk About it</i>	Real, Terrance
Depression/Mental Health	<i>Nature's Guide to Emotional Health and Healing</i>	Sachs, Judith
Depression/Mental Health	<i>How Can You Survive When They're Depressed</i>	Sheffield, Anne
Depression/Mental Health	<i>Schizophrenia: questions and answers</i>	Shore, David
Pregnancy and Birth	<i>Resolving Infertility</i>	Aronson, Diane
Pregnancy and Birth	<i>Coming to Term: uncovering the truth about miscarriage</i>	Cohen, Jon
Pregnancy and Birth	<i>The Tentative Pregnancy: how amniocentesis changes the experience of motherhood</i>	Rothman, Barbara
Pregnancy and Birth	<i>Preventing Miscarriage: the good news</i>	Sher, Jonathan
Good Reads	<i>Tuesdays With Morrie (X2)</i>	Albom, Mitch
Good Reads	<i>Made by Hand: art and craft in the heartland of New England</i>	Braham, Jeanne
Good Reads	<i>Heart: a history of the heart filled life</i>	Godwin, Gail
Good Reads	<i>Rest in Peace: a cultural history of death and the funeral home in twentieth century America</i>	Laderman, G.
Good Reads	<i>Heart Sounds</i>	Lear, M
Good Reads	<i>In the Country of Illness</i>	Lipsyte, R.
Good Reads	<i>Soul of a Citizen</i>	Loeb, P.
Good Reads	<i>Deafness in Perspective</i>	Luterman, P.
Good Reads	<i>As I am: an autobiography</i>	Neal, Patricia
Good Reads	<i>Papa, did we break it?: sketches from a street performers journal</i>	Solomon, Leonard
Good Reads	<i>My Stroke of Insight</i>	J. Taylor
Pastoral and Spiritual	<i>Pastoral Companionship: ministry with seriously-ill persons and their families</i>	Calhoun, Gerald
Pastoral and Spiritual	<i>Caring for the Caregiver</i>	Harbaugh, Gary

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Pastoral and Spiritual	<i>Hospital Ministry: the role of the chaplain today</i>	Holst, Lawrence
Pastoral and Spiritual	<i>A Hospital Handbook on Muliculturalism and Religion</i>	Kirkwood, Neville
Pastoral and Spiritual	<i>The Art of Being a Healing Presence: a guide for those in caring relationships</i>	Miller, James
Pastoral and Spiritual	<i>All Our Losses All Our Grievs: resources for pastoral care</i>	Mitchell, Kenneth
Pastoral and Spiritual	<i>Bless the Imperfect: meditations for congregational leaders</i>	Montgomery, Karen
Pastoral and Spiritual	<i>Cries of the Spirit: 300 poems in celebration of women's spirituality</i>	Sewell, Marilyn
Pastoral and Spiritual	<i>The Healer's Calling: a spirituality for physicians and other health care professionals</i>	Salmas, Daniel
Pastoral and Spiritual	<i>The Unwanted Gift of Grief: a ministry approach</i>	VanDuivendyke, Tim
Fiction on Faith	<i>God: stories</i>	Curtis, C. Michael
Fiction on Faith	<i>faith: stories</i>	Curtis, C. Michael
Fiction on Faith	<i>Quality of Care</i>	Letts, Elizabeth