

# Our Whole Lives for 5th Grade

## Content and Schedule for 2017

**\*All sessions will be taught during regular RE on Sunday.**

- **March 19<sup>th</sup>** - Session 1: Sexuality & Values (LV)  
Helps participants clarify, support and communicate values about sexuality.
- **March 26<sup>th</sup>** - Session 2: Family Relationships (JB)  
Discussion about the concepts of family and intimacy in relation to friends & family.
- **April 2<sup>nd</sup>** - Session 3: Puberty (LV)  
We will discuss the physical and emotional changes of puberty.
- **April 9<sup>th</sup>** - Session 4: Gender Identity and Sexual Orientation (JB)  
Expands participants' understanding of gender identity and sexual orientation, and promotes advocacy skills.
- **April 16<sup>th</sup>** - Easter- No OWL
- **April 23<sup>rd</sup>** - Session 5: Lovemaking and Reproduction (LV)  
Discussion about lovemaking, reproduction, and how families change when new siblings arrive.
- **April 30<sup>th</sup>** - Session 6: Health & Safety (JB)  
Provides accurate and age appropriate information about sexually transmitted infections (STIs) and skills for protection from sexual abuse.
- **May 7<sup>th</sup>** - Session 7: Communication (LV)  
Discussion helps participants grow more comfortable using accurate sexual terminology and develop effective communication skills.
- **May 14<sup>th</sup>** - Session 8: Decision Making (JB)  
Raises awareness about the messages we receive (from family, friends, community, media) and how these messages can influence decisions.