## **Caring Connection Services**

The *Caring Connection* volunteers provide a number of pastoral care services.

The **Rides Coordinator** arranges rides for members to appointments, First Parish worship and events, and for other needs. There is no Rides Coordinator at this time.

Please contact one of the ministers or lay ministers to request these services below.

**FP Meals** brings meals to parishioners during illness, injury or bereavement.

By Your Side Singers are a pastoral choir that helps through life's transitions by singing rounds, chants, lullabies, choral music, hymns and spirituals to parishioners in their homes or at the hospital.

**Friendly Visitors** are matched with members and friends of First Parish who would like to be contacted regularly. This program is currently on hold.

**Shawl Ministry** provides shawls to those who are experiencing a time of loss, difficult transition, illness or injury.

#### **Pastoral Care Contacts**

Primary contact: Liz Weber, Minister for Pastoral Care, lweber@firstparish.org 978-369-9602, cell 617-512-6307

Senior Minister: Howard Dana, hdana@firstparish.org 978-369-9602, cell 717-412-8543

Ministerial Intern: There is no intern this year.

Minister of Religious Education: Amy Freedman, afreedman@firstparish.org

**Pastoral Care Lay Ministers** are trained to provide support during hospitalizations, bereavement, illness, and to families in crises.

Paula Adelson apauladog@comcast.net 508-485-1030 Sally Brandon Bemis sgbrandon@me.com cell 978-505-0492 Diane Clapp dianebamclapp@gmail.com 781-257-5025 cell 781-257-5025 Sue Dobbie susandobbie@gmail.com 978-456-8432 cell 978-501-6969 Lori Gill-Pazaris lpazaris@gmail.com cell 978-505-2720 Peter Nobile peter.nobile@gmail.com 978-369-5857 cell 617-872-4365 Dana Snyder Grant danasg@newview.org cell 978-760-1129 Virginia Taylor virginiarosstaylor@verizon.net 978-263-9777 cell 978-727-3619



# **Pastoral Care**

First Parish in Concord

### **Pastoral Care**

**Supports** people through crises, transitions and difficult situations

**Listens compassionately and helps** individuals sort out what can and cannot be changed

**Is present** with people in their pain, loss, struggle, anxiety, and joy

**Relates gently** to individuals as whole people

Offers encouragement and comfort in times of trouble

Is available to everyone at any stage of life

## Seek pastoral care

During crises and transitions such as divorce, health issues, retirement, death of someone close to you, marriage, family concerns, mid-life crises, coming to terms with sexual identity, losing a job, making a career change or financial distress

You need to talk confidentially with a compassionate listener, even if you are not sure what is bothering you

You are facing a major life decision

You are grieving or hurting and need emotional and spiritual support

## **Pastoral Care Process**

- 1. A First Parish member or friend contacts a minister or lay minister to express his or her concerns.
- 2. The minister or lay minister talks with the member to better understand his or her needs.
- 3. Together, the member and the minister or lay minister decides what type of support or referral would be helpful, and initiate support.
- 4. The minister or lay minister follows-up with the member to see if the pastoral care support has been beneficial and whether further support is needed.