

## COVID Guidelines and Safety Actions

First Parish in Concord

First Parish continues to monitor and plan for pandemic safety. We are taking a risk reduction approach that offers you options to participate in congregational life in person and online. While we cannot completely eliminate the risk of COVID transmission at First Parish events, we believe the following set of precautions makes meeting in person much lower risk.

This work is being done by our COVID-19 staff advisory team of Rev. Liz Weber, Beth Norton, and Rev. Amy Freedman in partnership with Rev. Howard Dana, supported by our public health epidemiology consultant Dr. Bill Taylor and our Standing Committee.

We lead with our Unitarian Universalist values of inclusion, consent, and covenant.

- All First Parish ministers, staff, and volunteers with our children and teens are required to be vaccinated.
- First Parish in Concord requires a background check on all employees, and volunteers working with children and teens.
- Everyone over 2 years old is required to [wear a mask](#) indoors at First Parish in Concord that completely covers your nose and mouth.
- Mask wearing is optional outdoors. Families are asked to decide what is acceptable for their children and teens. Our First Parish community understands and supports a variety of comfort levels and needs.
- Anytime our community sings together including outdoors, everyone must wear a mask and socially distance (i.e. Family Service, Gospel Ensemble).
- We will stay [at least 6 feet away](#) from people outside of our household.
- Indoor meeting spaces at First Parish will have increased ventilation.
- [Hand sanitizer](#) is widely available at First Parish in Concord.
- First Parish leaders are asked to have a sign-in sheet or take a photo of gatherings in case contact tracing is needed later.
- [Stay home when you are sick](#).
- [Get tested](#) if you have signs or [symptoms](#) of COVID-19, or if you think you may have been [exposed](#) to someone with COVID-19
- Please contact Revs. Liz Weber [lweber@firstparish.org](mailto:lweber@firstparish.org) or Amy Freedman [afreedman@firstparish.org](mailto:afreedman@firstparish.org) if you have confirmed or probable COVID-19 and recently attended a First Parish event.
- First Parish in Concord leaders will be responsible for notifying all other attendees, while maintaining your privacy.

Even if you and others (including [children](#)) do not feel sick and do not have any [symptoms](#), **you can still spread COVID-19 to family, friends, and community.**

**Do NOT be around others if you have been [exposed](#) to someone with COVID-19, if you are [sick](#), or if you have [tested positive for COVID-19](#).**

*\*Based on recommendations from the CDC (Centers for Disease Control and Prevention)*

