#### SUNDAY ANNOUNCEMENTS

### First Parish in Concord Sunday, July 23, 2023

Please check our weekly e-newsletter, FP Weekly, for Zoom links for events you are interested in attending virtually.

#### Summer Soul Work Summer Sundays, 10:00 a.m. In person in the Sanctuary

This Summer, Religious Education is introducing "Soul Work" resources as you enter the Sanctuary. Research finds that certain kinds of handiwork, including sewing and coloring, stimulate the same brain activity as meditation and prayer. You will find sewing circles, colored pencils, coloring pages, clipboards, and pipe cleaners for creating. All ages are welcome to use these resources in support of a calm body and focused mind during worship. You are welcome to take your creations home including the sewing circles but please return the supplies to the table following the service. Enjoy!

#### Families with Children Summer Sundays, 10:00 a.m. In person in the Sanctuary and on the Playground

Welcome! We're so glad you are here. Our Religious Education program for children, teens, and families is on break for the Summer. Please help yourself to "Soul Work" materials with coloring, sewing, and pipe cleaners to help all ages focus during worship. If your child would like more active play, there are toys in the Parlor downstairs where caregivers can also connect and listen to the service. Please subscribe to our weekly RE News to learn more about upcoming events.

# Popsicles on the Playground TODAY!, 11:00 a.m. In person on the Playground (Parish Hall if it rains)

Join First Parish families out back on our playground! This will be a fun way for parents and caregivers to connect and for children to play together. Thanks to Amanda and Kate for hosting this family gathering! Families are welcome to attend the 10 a.m. service or drop-by at 11 a.m. "Popsicles on the Playground" will also be held on Sunday, August 13 at 11 a.m.

## Join the Midsummer "POP-UP" Choir – All are welcome! Sunday, July 30, 8:45 a.m. In person in the Emerson Room and in the Sanctuary

Singers of all ages are warmly invited to sing with Beth Norton in our service on Sunday, July 30. We'll learn two easy songs to sing in the service and lead the hymn singing as well. No choral experience necessary. Just a love of singing and a spirit of adventure! We'll meet at 8:45 for refreshments, rehearse until 9:45, take a break and then lead worship! Contact Beth Norton at <a href="mailto:music@firstparish.org">music@firstparish.org</a> or 978-369-9602 x420 with any questions.

#### First Parish Auction 2023 Saturday, November 4, 6:00 p.m. In person and Zoom

Save the date on Saturday, November 4, 2023 for the FP Auction. Dust off your bell bottoms for a 70's themed night of food, drink, live and silent auction, and maybe even a little disco. Please start thinking about services or goods that you could donate to the Auction — keep your eyes open this summer! All proceeds from the Auction will support FP operations for the next 2 years. Donations can be submitted by emailing Jen Izzo or Liz Rust.