#### SUNDAY ANNOUNCEMENTS

# First Parish in Concord Sunday, February 2, 2025

Please check our weekly e-newsletter, FP Weekly, for Zoom links for events you are interested in attending virtually.

# Difficult Conversation Resilience Circles: On Democracy Thursday, February 6, 4:00 p.m. Zoom Only Sunday, March 2, 11:30 a.m. In-Person

The goal of this Listening Circle event is to create space for shared emotional connection about the impact of the current Federal Administration on our lives. Our aim is to support this community in exploring our collective experience together. This event will provide a space for people to connect, share their experiences, and look to the future. During this experience, you will be asked questions to explore this issue on a deeper level. When participating you have the responsibility to listen and an opportunity to be heard. Please see *FP Weekly* for more information and registration.

## Flowers at First Parish--Opening the Spirit to Time and Place Saturday, February 8, 2:00 p.m. Sanctuary

Ellen Whitney has been the leader of the flower committee at First Parish in Concord for over ten years. In this program, she will describe her spiritual and philosophical approach to flower arranging and demonstrate her process by creating an arrangement that will be displayed at the next day's Sunday service. Hosted by the Transcendentalism Council of First Parish in Concord. To register go to <u>tinyurl.com/FPflowers</u> or contact the office at First Parish in Concord: (978) 369-9602.

### 2025 Women's At-Home Retreat Friday, March 7 & Saturday, March 8

Women's At-Home Retreat Registration is Open! The Retreat will take place at First Parish on Fri March 7, starting at 6:30 p.m., and on Sat March 8, 8:30 a.m.- 5:00 p.m., all in person only. Our theme is "Our Voices".

- \* Friday's segment is open to all FP women, free of charge, registration not required. Potluck refreshments.
- \* Saturday's segment requires registration and a fee of \$90. Register at

https://www.eventbrite.com/e/at-home-retreat-20 25-our-voices-tickets-1223868988089 or use the QR code. Last day to register is February 28. Ouestions? Contact Bozena Smith.



### Rising Together: Social Gathering! Saturday, March 1, 5:00 p.m. Parish Hall

Join us for a social gathering at First Parish on Saturday, March 1, from 5:00 to 7:00 PM in the Parish Hall. Enjoy light refreshments and entertainment as we celebrate our vibrant community and welcome our new minister. This event is family-friendly and open to all members and friends and is sponsored by the pledge campaign team. No pledge requests will be made at this event. For questions or to help: Dave Elwood at <a href="mailto:daveelwood@hotmail.com">daveelwood@hotmail.com</a>.

### Metta for Mindfulness Series begins Tuesday, March 4, 9:30 a.m. Zoom Only

Metta for Mindfulness will return for a Zoom only drop-in six week session, beginning on Tuesday March 4, 2025 from 9:30 am-10 am and continuing through April 8, 2025. I believe that this is a time in our world for metta or loving kindness. Drop by any Tuesday, starting March 4 at 9:30 am. The Zoom link will be listed in *FP Weekly*; I believe that the value of the meditation is improved with consistency, so if you can, I recommend you come to most or all of the Tuesdays. I hope to see you in metta, Dana.